



AS8TM
ATHLETICS8

PERFORMANCE. STRENGTH. CONFIDENCE.

Why Athletics8?

Marena developed the Athletics8 line, which is proving to be the ultimate activewear, for athletes of all calibers. A8 utilizes the latest advances in textile science for comfortable **medical-grade** compression that provides instant and long-term benefits. From running errands to intense workouts, Athletics8 provides eight key benefits to the wearer that no other garment on the market can offer.

Studies have shown that the right amount of compression can significantly improve endurance and reduce soreness. A8's patented F5-certified ComfortWeave® fabric outperforms all major competitors in five distinct areas:

1. POWER / STRETCH

like a second skin

2. SOFTNESS

all-day comfort

3. DURABILITY

lasts and lasts

4. ANTIMICROBIAL

clean and fresh

5. MOISTURE MANAGEMENT

cool and dry



Who can benefit from medical-grade compression?

Athletes that require endurance, control, power, and want to reduce the stress of repetitive muscle gyration, allowing them to be less sore and get back in the action sooner!

A8's KEY BENEFITS

- ①—Reduce Impact Force
- ②—Boost Performance
- ③—Improve Endurance
- ④—Antimicrobial Protection
- ⑤—Unrestricted Movement
- ⑥—Regulate Body Temperature
- ⑦—Ultraviolet Protection
- ⑧—Reduce Soreness To Recover Faster





ATHLETIC

APPAREL

to **ACTIVATE** your

ATHLETIC

ACTIVITIES like an

AMPED

ALL-STAR with

ATTITUDE



ASTM
ATHLETICS8

LADIES'

PERFORMANCE. STRENGTH. CONFIDENCE.



Features: COOLMAX® moisture management, anti-microbial

Uses: Exercise; support; fashion and shapewear

A8-100

Sports Bra (Stage 3)

Available in:

Designed with medium-width straps, this sports bra provides perfect support.

Stylish enough to stand alone, but slim enough to layer under your favorite top.

A8-100 shown with ME-300 mini shorts



Back Detail

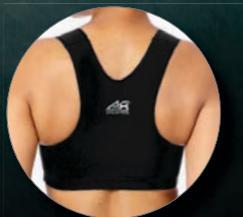
A8-101

Power Bra (Stage 3)

Available in:

The high racer-back and medium-width straps enhance the slimming shape.

Dual-layered ComfortWeave fabric ensures maximum control.



Back Detail

A8-101 shown with ME-300 mini shorts



*A8-202 shown with
A8-100 sports bra*

A8-202

Pantastics Yoga Pants (Stage 3)

Available in:

The only pant that can go from yoga class to a night out on the town!

Available in the following lengths:

Short (S) 27.5 in. inseam,

Regular (R) 29.5 in. inseam

Long (L) 31.5 in. inseam



Back Detail

A8-920

Hoodie (Stage 3)

Available in:

This hoodie combines sport and style with our patented ComfortWeave[®] fabric for the ultimate performance.

Paired with our yoga pants, you will have a slimming look from head to toe.



Hoodie Detail



*A8-920 shown with
A8-202 yoga pants*

Customize your workout!

Now you can express your style and confidence while you exercise. Customize your workout with a variety of contrast seam options in our popular racer-back top, exercise shorts and capris. Choose from multiple seam options to dress up your exercise regimen!

A8-102

Racer-back Top (Stage 3)

Available in:

The high racer-back and medium-width straps enhance the slimming shape of this exercise tank top.

The mesh back provides additional cooling and style.

The stylish contrast seams makes the tank top a workout favorite.



Back Detail



A8-102W shown with
A8-200W shorts

A8-102T

Racer-back Top (Stage 3)

Available in:

Available in: Black or white with teal seams.



A8-102B

Racer-back Top (Stage 3)

Available in:

Available in: Black or white with black seams.



A8-102W

Racer-back Top (Stage 3)

Available in:

Available in: Black or white with white seams.





Features: COOLMAX® moisture management, anti-microbial

Uses: Exercise; support; fashion and shapewear



A8-200

Exercise Shorts (Stage 3)

Available in:

The stylish contrast seams along the side make the shorts a workout favorite. The A8 exercise short stops mid-thigh.

A8-200W shown with A8-100 sports bra



Back Detail



A8-200T

Exercise Shorts (Stage 3)

Available in:

Available in: Black or white with teal seams.



A8-200B

Exercise Shorts (Stage 3)

Available in:

Available in: Black or white with black seams.



A8-200W

Exercise Shorts (Stage 3)

Available in:

Available in: Black or white with white seams.



Features: COOLMAX® moisture management, anti-microbial

Uses: Exercise; support; fashion and shapewear

A8-201

Exercise Capris (Stage 3)

Available in:

The A8 exercise capris stop mid-calf. The shaping and slimming feature of the patented F5 fabric assures a confident and shapelier silhouette.

A8-201W shown with A8-100 sports bra



Back Detail

A8-201T

Exercise Capris (Stage 3)

Available in:

Available in: Black or white with teal seams.



A8-201B

Exercise Capris (Stage 3)

Available in:

Available in: Black or white with black seams.



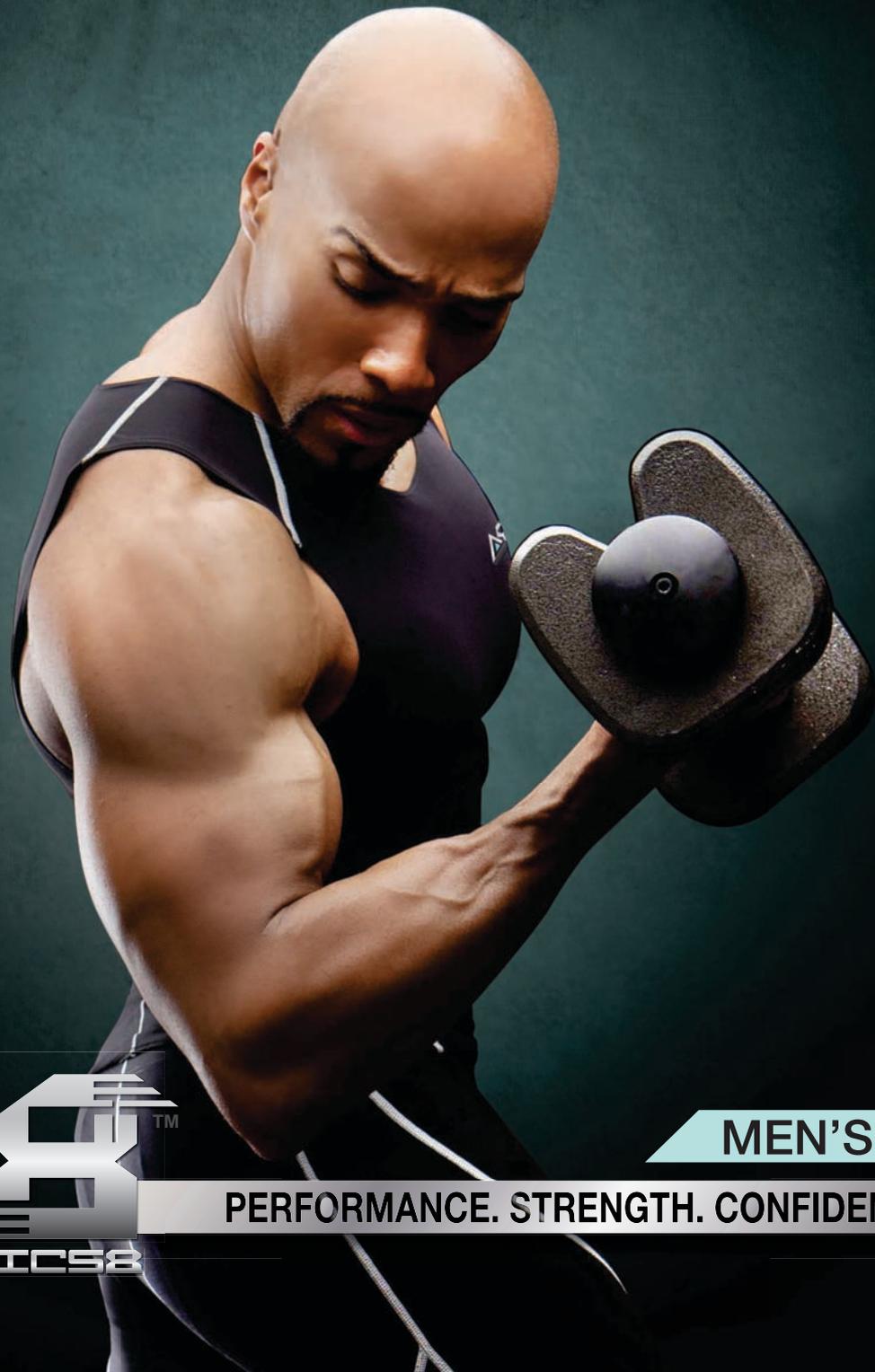
A8-201W

Exercise Capris (Stage 3)

Available in:

Available in: Black or white with white seams.





AS8TM
ATHLETICS8

MEN'S

PERFORMANCE. STRENGTH. CONFIDENCE.



Features: COOLMAX® moisture management, anti-microbial

Uses: Exercise; support; fashion and shapewear

A8-500

Tank Top (Stage 3)

Available in:

Designed for everyday use, this form-fitting tank will slim and tone the upper body.

A8-500 shown with A8-601 exercise pants



Back Detail



A8-501

Crew-neck Shirt (Stage 3)

Available in:

This sleeveless shirt provides full torso compression.

A8-501 shown with A8-600 exercise shorts



Back Detail





*A8-502 shown with
A8-600 exercise shorts*

A8-502

Short-sleeve Shirt (Stage 3)

Available in:

Designed for everyday use, this form-fitting shirt will add control and confidence while toning the upper body.



Back Detail

A8-503

Long-sleeve Shirt (Stage 3)

Available in:

This form-fitting shirt will add control and confidence while toning the upper body and arms.



Back Detail



*A8-503 shown with
A8-601 exercise pants*



Features: COOLMAX® moisture management, anti-microbial

Uses: Exercise; support; fashion and shapewear

A8-600

High-waist Exercise Shorts (Stage 3)

Available in:

Lightweight, flexible, breathable shorts help tone the thighs and improve endurance.

High-waist



Back Detail



A8-601

High-waist Exercise Pants (Stage 3)

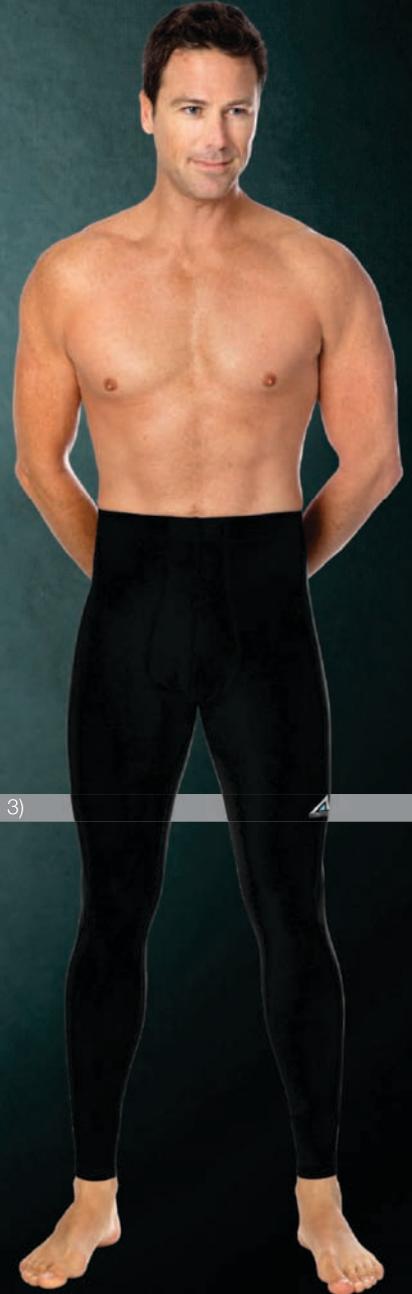
Available in:

These lightweight, flexible and breathable pants are triathlon tough, yet soothingly soft.

Improves endurance



Back Detail



When you look good, you feel good.



A8-504

Side-mesh Tank Top (Stage 3)

Available in:

Lightweight and flexible, this tank top features a breathable mesh on both sides for added comfort.

Improves endurance



Back Detail

*A8-504W shown with
A8-603W exercise pants*

Now you can express your style and confidence while you exercise. Customize your workout with a variety of contrast seam options in our popular tank tops, exercise shorts and pants. Choose from multiple seam options to stylize your exercise regimen!



A8-504T

Side-mesh Tank Top (Stage 3)

Available in:

Available in: Black with teal seams and black mesh.



A8-504B

Side-mesh Tank Top (Stage 3)

Available in:

Available in: Black or white with black seams and black mesh.



A8-504W

Side-mesh Tank Top (Stage 3)

Available in:

Available in: Black or white with white seams and white mesh.



Features: COOLMAX® moisture management, anti-microbial

Uses: Exercise; support; fashion and shapewear



A8-505

Tank Top (Stage 3)

Available in:

Turn up your workout. This flexible tank top provides full torso compression that moves with you.



Back Detail

*A8-505W shown with
A8-601 exercise pants*



A8-505T

Tank Top (Stage 3)

Available in:

Available in: Black with teal seams.



A8-505B

Tank Top (Stage 3)

Available in:

Available in: Black or white with black seams.



A8-505W

Tank Top (Stage 3)

Available in:

Available in: Black or white with white seams.



A8-602W shown

A8-602

Exercise Shorts (Stage 3)

Available in:

These lightweight, flexible and breathable shorts are triathlon tough yet soothingly soft.

Low-waist

Improves endurance



Back Detail

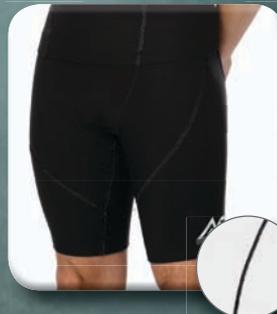


A8-602T

Exercise Shorts (Stage 3)

Available in:

Available in: Black with teal seams.



A8-602B

Exercise Shorts (Stage 3)

Available in:

Available in: Black or white with black seams.



A8-602W

Exercise Shorts (Stage 3)

Available in:

Available in: Black or white with white seams.



Features: COOLMAX® moisture management, anti-microbial

Uses: Exercise; support; fashion and shapewear



A8-603

Exercise Pants (Stage 3)

Available in:

These lightweight, flexible and breathable pants are triathlon tough, yet soothingly soft.

Low-waist

Improves endurance



Back Detail



Logo Detail

A8-603W shown

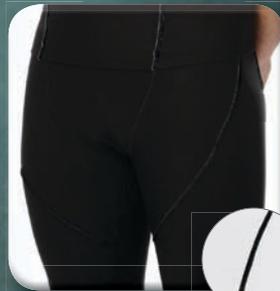


A8-603T

Exercise Pants (Stage 3)

Available in:

Available in: Black with teal seams.



A8-603B

Exercise Pants (Stage 3)

Available in:

Available in: Black or white with black seams.



A8-603W

Exercise Pants (Stage 3)

Available in:

Available in: Black or white with white seams.

Unisex Sleeves

A8's Unisex Sleeves allow you to benefit from targeted compression to your arms and legs, while remaining cool and dry. Improved muscle control and endurance will keep you on top of your game.



A8-800

Arm Sleeves (Stage 3)

Available in:

A compression fit arm sleeve that begins to actively cool as soon as you begin to sweat, while improving muscle control and endurance.

A8-800W shown with A8-505W tank top

A8-801

Leg Sleeves (Stage 3)

Available in:

A compression fit leg sleeve that improves endurance, protects the shins and reduces soreness.

A8-801W shown with A8-602W shorts



Sizing Tip

- For arm sleeves, measure the circumference of the bicep using the Men's size chart.
- For leg sleeves, measure the circumference of the calf using the Men's size chart.



A8-800T

Arm Sleeves (Stage 3)

Available in:

Available in: Black with teal seams.



A8-800B

Arm Sleeves (Stage 3)

Available in:

Available in: Black or white with black seams.



A8-800W

Arm Sleeves (Stage 3)

Available in:

Available in: Black or white with white seams.



A8-801T

Leg Sleeves (Stage 3)

Available in:

Available in: Black with teal seams.

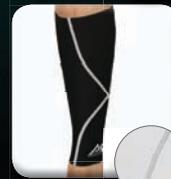


A8-801B

Leg Sleeves (Stage 3)

Available in:

Available in: Black or white with black seams.



A8-801W

Leg Sleeves (Stage 3)

Available in:

Available in: Black or white with white seams.

SPECIFIC SIZING

FOR SPECIFIC RESULTS



Chest - The part of the body between the neck and the abdomen, enclosed by the ribs and the breastbone.

Measure the widest part of the chest near the underarms.

Bicep - Measure the circumference of the bicep.

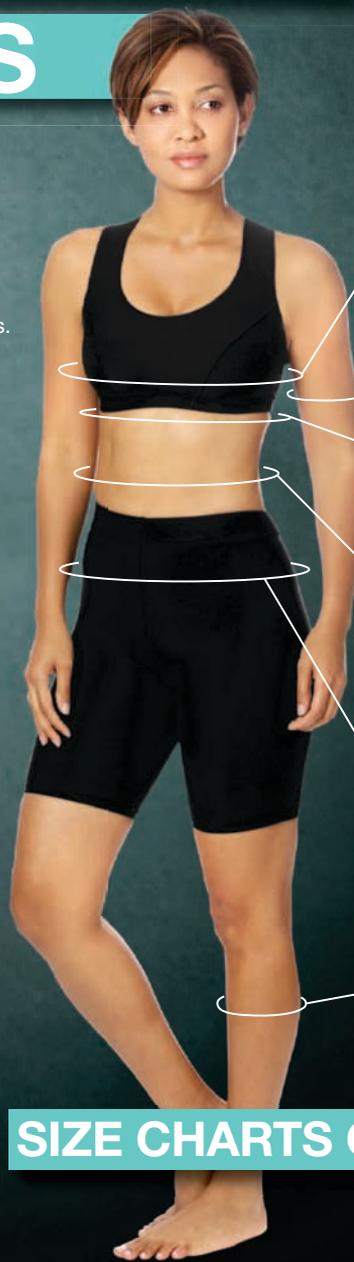
Waist - Between the lowest rib and hip, identified by bending the body to the side.

Measure at the navel.

Hip - The laterally projecting region of the pelvis and the upper part of the femur, together.

Measure around the fullest part of the hip and buttock.

Calf - Measure the circumference of the calf.



Bust - Measure at the widest point of the bust.

Bicep - Measure the circumference of the bicep.

Under Bust - Measure around the body under the arms and bust.

Waist - Between the lowest rib and hip, identified by bending the body to the side.

Measure at the navel.

Hip - The laterally projecting region of the pelvis and the upper part of the femur, together.

Measure around the fullest part of the hip and buttock.

Calf - Measure the circumference of the calf.

SIZE CHARTS ON PAGE 21

SIZE CHARTS

Athletics8 Men's Size Chart

- For tops, measure chest circumference and waist.
- For arm sleeves, measure the bicep circumference.
- For bottoms, measure waist and hips.
- For leg sleeves, measure the calf circumference.

Point of Measure	XS	S	M	L	XL	2XL	3XL	4XL
 bicep	10.5-11.5 in. 27-29 cm.	11.5-12.5 in. 29-32 cm.	12.5-13.5 in. 32-34 cm.	13.5-14.5 in. 34-37 cm.	14.5-15.5 in. 37-39 cm.	15.5-16.5 in. 39-42 cm.	16.5-17.5 in. 42-44 cm.	17.5-18.5 in. 44-47 cm.
 chest	29-33 in. 74-84 cm.	33-37 in. 84-94 cm.	37-41 in. 94-104 cm.	41-45 in. 104-114 cm.	45-49 in. 114-124 cm.	49-53 in. 124-135 cm.	53-57 in. 135-145 cm.	57-61 in. 145-155 cm.
 waist	23-27 in. 58-69 cm.	27-31 in. 69-79 cm.	31-35 in. 79-89 cm.	35-39 in. 89-99 cm.	39-43 in. 99-109 cm.	43-47 in. 109-119 cm.	47-51 in. 119-130 cm.	51-55 in. 130-140 cm.
 hips	29-33 in. 74-84 cm.	33-37 in. 84-94 cm.	37-41 in. 94-104 cm.	41-45 in. 104-114 cm.	45-49 in. 114-124 cm.	49-53 in. 124-135 cm.	53-57 in. 135-145 cm.	57-61 in. 145-155 cm.
 calf	14-14.5 in. 36-37 cm.	14.5-15 in. 36-38 cm.	15-15.5 in. 38-39 cm.	15.5-16 in. 39-41 cm.	16-16.5 in. 41-42 cm.	16.5-17.5 in. 42-44 cm.	17.5-18 in. 44-46 cm.	18-18.5 in. 46-47 cm.

Athletics8 Ladies' Size Chart

- For sports bras and tops, measure underbust and bust using the Sports Bra size chart.
- For the hoodie, measure the bust using the Ladies' size chart.
- For bottoms, measure waist and hips.
- For arm sleeves, measure the bicep, using the Men's size chart.
- For leg sleeves, measure the calf, using the Men's size chart.

Point of Measure	2XS	XS	S	M	L	XL	2XL	3XL	4XL
 bust	30-32 in. 76-81 cm.	32-34 in. 81-86 cm.	34-36 in. 86-91 cm.	36-38 in. 91-97 cm.	38-40 in. 97-102 cm.	40-43 in. 102-109 cm.	43-47 in. 109-119 cm.	47-51 in. 119-130 cm.	51-55 in. 130-140 cm.
 waist	22-24 in. 56-61 cm.	24-26 in. 61-66 cm.	26-28 in. 66-71 cm.	28-30 in. 71-76 cm.	30-32 in. 76-81 cm.	32-35 in. 81-89 cm.	35-39 in. 89-99 cm.	39-43 in. 99-109 cm.	43-47 in. 109-119 cm.
 hips	32-34 in. 81-86 cm.	34-36 in. 86-91 cm.	36-38 in. 91-97 cm.	38-40 in. 97-102 cm.	40-42 in. 102-107 cm.	42-45 in. 107-114 cm.	45-49 in. 114-124 cm.	49-53 in. 124-135 cm.	53-57 in. 135-145 cm.

Sports Bra Size Chart

Under-bust Measurement	Band Size	Bust Measurement	
27-29 in. 69-74 cm.	32	33-34 in. 84-86 cm.	35-36 in. 89-91 cm.
29-31 in. 74-79 cm.	34	35-36 in. 89-91 cm.	37-38 in. 94-97 cm.
31-33 in. 79-84 cm.	36	37-38 in. 94-97 cm.	39-40 in. 99-102 cm.
33-35 in. 84-89 cm.	38	39-40 in. 99-102 cm.	41-42 in. 104-107 cm.
35-37 in. 89-94 cm.	40	41-42 in. 104-107 cm.	43-44 in. 109-112 cm.
37-39 in. 94-99 cm.	42	43-44 in. 109-112 cm.	45-46 in. 114-117 cm.
39-41 in. 99-104 cm.	44	45-46 in. 114-117 cm.	47-48 in. 119-122 cm.
41-43 in. 104-109 cm.	46	47-48 in. 119-122 cm.	49-50 in. 124-127 cm.
43-45 in. 109-114 cm.	48	49-50 in. 124-127 cm.	51-52 in. 130-132 cm.
Cup Size		A-B	B-C

Sizing tips for Athletics8 garments:

- Use a cloth measuring tape. If one is not available, use a string, then measure the string.
- If you measure in between sizes, use the larger size.
- For help: In the U.S., call 1-888-462-7362. Outside the U.S., call your local distributor.

Use our easy online sizing calculator at

www.Athletics8.com

We make ordering easy!

How to order

We strive to deliver a “WOW Experience” to each and every one of our customers and partners. Our Marena Professional Advocacy Care Team (MPACT) is highly trained and ready to fulfill your requests. We offer many ways to order high-quality compression garments by talking directly to an MPACT team member or through distributors worldwide.

Quick start

Ordering is easy!

International: Please contact your local distributor or visit
www.MarenaInternational.com to find a distributor near you.

In the USA

Phone toll free: 1-888-462-7362 (1-888-4MARENA) or 770-822-6925

It is our pleasure to take your phone orders 8:30 a.m. to 8:00 p.m., EST.

E-mail: orders@marenagroup.com

Fax: 770-822-1058

Questions?

Have a question about garment care or warranty? Find this and more in the Warranty and Garment Care section on page 23. Sizing question? Use our online sizing calculator at MarenaGroup.com or call the MPACT team (1-888-462-7362).

Warranty and return policy

Our goal is for you to be completely satisfied with your garment purchase. We unconditionally guarantee all garments for 30 days for customer/web orders and 60 days for professional accounts from the original purchase date. If you are not satisfied with your purchase, follow the guidelines below and we will happily issue a prompt refund or exchange.

To return a garment

Please contact the doctor, practice, website or distributor from whom you purchased your garment. All returns sent to Marena require a Return Authorization number (RA#). To obtain a return authorization number, please contact our Marena Professional Advocacy Care Team (MPACT) at 1.888.4.Marena. Ship the item(s) back to Marena via the carrier of your choice. We recommend using a carrier that will provide a tracking number for the shipment. All returned items are processed within two business days from receipt. Please mail the garment with your return authorization number and original packing slip, if available, with your order to:

The Marena Group, Inc
Attn: Returns
650 Progress Industrial Blvd.
Lawrenceville, GA 30043

Garment care

To preserve the special qualities of your Marena ComfortWear[®] garment and its patented ComfortWeave[®] fabric, please follow these laundering instructions:



hand
wash



use cold/cool
water only



use gentle
soap



do not use
fabric softener



do not use
bleach



do not place
in dryer



do not dry
clean



do not
iron



careful w/
sharp nails*

*Treat like pantyhose - Be careful with fingernails. They can puncture the fabric when pulling.



ComfortWear[®] products are formaldehyde-free, silicone-free and latex-free.

ASTM

ATHLETICS8



Performance. Strength. Confidence.

by



The Marena Group, Inc · www.MarenaGroup.com
650 Progress Industrial Boulevard, Lawrenceville, GA 30043
U.S. Care Team 1-888-462-7362 · International Care Team 1-770-822-6925